

# WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## THEME DAYS

### MAIN



Chicken Curry

Beef Burger  
(SE\*, SO, SU, G/W)

Roast Chicken & Gravy

Spaghetti Beef & Lentil  
Bolognese  
(G/B\*, W)

Fish Fingers & Chips  
(F, G/W)

### VEGGIE



Quorn & Vegetable  
Curry  
(E)

Vegetable Burger  
(SE\*, G/W)  
**V**

Roasted Root  
Vegetable Pie & Gravy  
(CE, G/W)  
**V**

Tomato & Basil  
Gnocchi  
(CE, E\*, MK, MU\*,  
SO\*, G/W)

Vegan Nuggets & Chips  
(G/W)  
**V**

### SIDES



Steamed Rice &  
Stir Fried Greens

Homemade Potato  
Wedges & Green Salad

Rustic Roast Potatoes  
with Roast Carrots &  
Parsnips  
**S**

Mixed Green Salad &  
Sweetcorn

Beans or Peas  
**S**

### SPECIALS



Tomato & Basil  
Pasta  
(CE, G/W)

Tuna & Tomato  
Pasta  
(CE, F, G/W)

Cheesy Pasta  
(MK, G/W)

Roasted Vegetable  
Rice Pot  
(G/B\*, O\*, R\*, W\*)

Creamy Pesto  
Pasta  
(MK, G/W)

Jacket Potatoes for pre-order by 8:30am - Fillings: Cheese (MK), Beans or Tuna Mayo (E, F)

### PUD



Banana Cake with  
Custard  
(E, MK, SO\*, G/W)

Orange & Berry Cake  
(E, MK, SO\*, G/W)

Apple Crumble with  
Custard  
(MK, G/W)

Homemade Chocolate  
Cookie  
(E, MK, SO\*, G/W)

Ice Cream  
(MK)

Daily Salad Bar | Homemade Bread | Fresh Fruit

## DATES

5 JAN / 26 JAN / 23  
FEB / 16 MAR

## ALLERGENS

CE = CELERY  
CR = CRUSTACEAN  
E = EGGS

F = FISH  
G = GLUTEN  
G/B = BARLEY

G/O = OATS  
G/R = RYE  
G/W = WHEAT

L = LUPIN  
MK = MILK  
MO = MOLLUSCS

MU = MUSTARD  
N = NUTS  
P = PEANUTS

SO = SOYA  
SU = SULPHUR  
SE = SESAME SEEDS

\* = MAY CONTAIN  
**V** = VEGAN  
**S** = SEASONAL VEG



# WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## THEME DAYS

### MAIN



**Beef & Lentil Lasagne**  
(E\*, MK, G/B\*, W)

**Butter Chicken Curry**  
(G/B\*, O\*, R\*, W\*)

**Butcher's Sausage with  
Mashed Potato & Gravy**  
(MK, SO, SU, G/W)

**BBQ Chicken Pizza**  
(MK, G/W)

**Battered Fish & Chips**  
(F, G/B\*, W)

### VEGGIE



**Roasted Squash &  
Root Vegetable  
Lasagne**  
(E\*, MK, G/W)

**Sweet Potato, Chickpea  
& Coconut Curry**  
(CE, G/B, O, R, W)

**Veggie Sausage with Mashed  
Potato & Gravy**  
(MK, G/W)

**Cheese & Tomato Pizza**  
(MK, G/W)

**Cheesy Calzone &  
Chips**  
(MK, G/W)

### SIDES



**Garlic Bread & Green  
Salad**  
(MK, SO\*, G/W)

**Steamed Rice & Green  
Beans**

**Roasted Carrots &  
Parsnips**



**Homemade Potato  
Wedges & Green  
Salad**

**Beans or Peas**



### SPECIALS



**Roasted Vegetable  
Rice Pot**  
(G/B\*, O\*, R\*, W\*)

**Cheesy Pasta**  
(MK, G/W)

**Roasted vegetable  
Rice Pot**  
(G/B\*, O\*, R\*, W\*)

**Creamy Pesto  
Pasta**  
(MK, G/W)

**Tomato & Basil  
Pasta**  
(CE, G/W)

**Jacket Potatoes for pre-order by 8:30am - Fillings: Cheese (MK), Beans or Tuna Mayo (E, F)**

### PUD



**Vanilla Shortbread  
Biscuit**  
(G/W)

**Homemade Chocolate  
Cookie**  
(E, MK, SO\*, G/W)

**Syrup Sponge with  
Custard**  
(E, MK, SO\*, G/W)

**Orange & Berry Cake**  
(E, MK, SO\*, G/W)

**Iced Vanilla Sponge  
with Custard**  
(E, MK, SO\*, G/W)

**Daily Salad Bar| Homemade Bread| Fresh Fruit**

## DATES

**12 JAN / 2 FEB / 2  
MAR / 23 MAR**

## ALLERGENS

CE = CELERY

CR = CRUSTACEAN

E = EGGS

F = FISH

G = GLUTEN

G/B = BARLEY

G/O = OATS

G/R = RYE

G/W = WHEAT

L = LUPIN

MK = MILK

MO = MOLLUSCS

MU = MUSTARD

N = NUTS

P = PEANUTS

SO = SOYA

SU = SULPHUR

SE = SESAME SEEDS

\* = MAY CONTAIN

V = VEGAN

S = SEASONAL VEG



# WEEKLY MENU

WEEK 1  
WEEK 2  
WEEK 3



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## THEME DAYS

### MAIN



**BBQ Glazed Chicken  
Wrap  
(G/W)**

**Beef & Lentil  
Bolognese Pasta Bake  
(MK, G/B\*, W)**

**Cheese & Tomato  
Pinwheel  
(MK, G/W)**

**Pepperoni Pizza  
(CE\*, E\*, MK, MU\*, SO\*,  
G/W)**

**Battered Fish & Chips  
(F, G/W)**

### VEGGIE



**BBQ Glazed Quorn  
Wrap  
(G/W)**

**V**

**Mac & Cheese  
(MK, G/W)**

**Homemade Roast  
Vegetable & Stuffing Roll  
(G/W)**

**V**

**Cheese & Tomato  
Pizza  
(MK, G/W)**

**Veggie Sausage Roll & Chips  
(MK\*, SO, G/B, W)**

### SIDES



**Homemade Potato  
Wedges with Carrots &  
Green Beans**

**Mixed Green Salad**

**Rustic Roast Potatoes  
with Roasted Carrots &  
Parsnips**

**S**

**Homemade Potato  
Wedges & Green Salad**

**Beans or Peas**

**S**

### SPECIALS



**Tuna & Tomato  
Pasta  
(CE, F, G/W)**

**Roasted Vegetable  
Rice Pot  
(G/B\*, O\*, R\*, W\*)**

**Creamy Pesto  
Pasta  
(MK, G/W)**

**Tomato & Basil  
Pasta  
(CE, G/W)**

**Cheesy Pasta  
(MK, G/W)**

**Jacket Potatoes for pre-order by 8:30am - Fillings: Cheese (MK), Beans or Tuna Mayo (E, F)**

### PUD



**Sprinkle Sponge Cake &  
Custard  
(E, MK, SO\*, G/W)**

**Fruit Jelly**

**Lemon Drizzle Cake  
(E, MK, SO\*, SU, G/W)**

**Chocolate Cake with  
Vanilla Sauce  
(E, MK, SO\*, G/W)**

**S**

**Vanilla & Raisin  
Shortbread  
Biscuit  
(G/W)**

**Daily Salad Bar| Homemade Bread| Fresh Fruit**

## DATES

**19 JAN / 9 FEB /  
9 MAR**

## ALLERGENS

**CE = CELERY**

**CR = CRUSTACEAN**

**E = EGGS**

**F = FISH**

**G = GLUTEN**

**G/B = BARLEY**

**G/O = OATS**

**G/R = RYE**

**G/W = WHEAT**

**L = LUPIN**

**MK = MILK**

**MO = MOLLUSCS**

**MU = MUSTARD**

**N = NUTS**

**P = PEANUTS**

**SO = SOYA**

**SU = SULPHUR**

**SE = SESAME SEEDS**

**\* = MAY CONTAIN**

**V = VEGAN**

**S = SEASONAL VEG**

