

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Chicken Curry

Beef Burger
(SE*, SO, SU, G/W)

Roast Chicken & Gravy

Spaghetti Beef & Lentil
Bolognese
(G/B*, W)

Fish Fingers & Chips
(F, G/W)

VEGGIE

Quorn & Vegetable
Curry
(E)

Vegetable Burger
(SE*, G/W)
V

Roasted Root
Vegetable Pie & Gravy
(CE, G/W)
V

Tomato & Basil
Gnocchi
(CE, E*, MK, MU*,
SO*, G/W)

Vegan Nuggets & Chips
(G/W)
V

SIDES



Steamed Rice &
Stir Fried Greens

Homemade Potato
Wedges & Green Salad

Rustic Roast Potatoes
with Roast Carrots &
Parsnips

S

Mixed Green Salad &
Sweetcorn

Beans or Peas

S

SPECIALS

Tomato & Basil
Pasta
(CE, G/W)

Tuna & Tomato
Pasta
(CE, F, G/W)

Cheesy Pasta
(MK, G/W)

Roasted Vegetable
Rice Pot
(G/B*, O*, R*, W*)

Creamy Pesto
Pasta
(MK, G/W)

Jacket Potatoes for pre-order by 8:30am - Fillings: Cheese (MK), Beans or Tuna Mayo (E, F)

PUD



Banana Cake with
Custard
(E, MK, SO*, G/W)

Orange & Berry Cake
(E, MK, SO*, G/W)

Apple Crumble with
Custard
(MK, G/W)

Homemade Chocolate
Cookie
(E, MK, SO*, G/W)

Ice Cream
(MK)

Daily Salad Bar | Homemade Bread | Fresh Fruit

DATES

5 JAN / 26 JAN / 23
FEB / 16 MAR

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MAIN

Beef & Lentil Lasagne (E*, MK, G/B*, W)	Butter Chicken Curry (G/B*, O*, R*, W*)	Butcher's Sausage with Mashed Potato & Gravy (MK, SO, SU, G/W)	BBQ Chicken Pizza (MK, G/W)	Battered Fish & Chips (F, G/B*, W)
--	--	--	--------------------------------	---------------------------------------

VEGGIE

Roasted Squash & Root Vegetable Lasagne (E*, MK, G/W)	Sweet Potato, Chickpea & Coconut Curry (CE, G/B, O, R, W)	Veggie Sausage with Mashed Potato & Gravy (MK, G/W)	Cheese & Tomato Pizza (MK, G/W)	Cheesy Calzone & Chips (MK, G/W)
--	---	---	------------------------------------	--

SIDES

Garlic Bread & Green Salad (MK, SO*, G/W)	Steamed Rice & Green Beans	Roasted Carrots & Parsnips S	Homemade Potato Wedges & Green Salad	Beans or Peas S
---	-------------------------------	--	--	--

SPECIALS

Roasted Vegetable Rice Pot (G/B*, O*, R*, W*)	Cheesy Pasta (MK, G/W)	Roasted vegetable Rice Pot (G/B*, O*, R*, W*)	Creamy Pesto Pasta (MK, G/W)	Tomato & Basil Pasta (CE, G/W)
---	---------------------------	---	------------------------------------	--------------------------------------

Jacket Potatoes for pre-order by 8:30am - Fillings: Cheese (MK), Beans or Tuna Mayo (E, F)

PUD

Vanilla Shortbread Biscuit (G/W)	Homemade Chocolate Cookie (E, MK, SO*, G/W)	Syrup Sponge with Custard (E, MK, SO*, G/W)	Orange & Berry Cake (E, MK, SO*, G/W)	Iced Vanilla Sponge with Custard (E, MK, SO*, G/W)
--	---	---	--	--

Daily Salad Bar | Homemade Bread | Fresh Fruit

THEME DAYS



DATES

12 JAN / 2 FEB / 2
MAR / 23 MAR

ALLERGENS

CE = CELERY	F = FISH	G/O = OATS	L = LUPIN	MU = MUSTARD	SO = SOYA	* = MAY CONTAIN
CR = CRUSTACEAN	G = GLUTEN	G/R = RYE	MK = MILK	N = NUTS	SU = SULPHUR	V = VEGAN
E = EGGS	G/B = BARLEY	G/W = WHEAT	MO = MOLLUSCS	P = PEANUTS	SE = SESAME SEEDS	S = SEASONAL VEG

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



BBQ Glazed Chicken Wrap (G/W)

Beef & Lentil Bolognese Pasta Bake (MK, G/B*, W)

Cheese & Tomato Pinwheel (MK, G/W)

Pepperoni Pizza (CE*, E*, MK, MU*, SO*, G/W)

Battered Fish & Chips (F, G/W)



VEGGIE



BBQ Glazed Quorn Wrap (G/W)
V

Mac & Cheese (MK, G/W)

Homemade Roast Vegetable & Stuffing Roll (G/W)
V

Cheese & Tomato Pizza (MK, G/W)

Veggie Sausage Roll & Chips (MK*, SO, G/B, W)



SIDES



Homemade Potato Wedges with Carrots & Green Beans

Mixed Green Salad

Rustic Roast Potatoes with Roasted Carrots & Parsnips

Homemade Potato Wedges & Green Salad

Beans or Peas

S

S

SPECIALS



Tuna & Tomato Pasta (CE, F, G/W)

Roasted Vegetable Rice Pot (G/B*, O*, R*, W*)

Creamy Pesto Pasta (MK, G/W)

Tomato & Basil Pasta (CE, G/W)

Cheesy Pasta (MK, G/W)



Jacket Potatoes for pre-order by 8:30am - Fillings: Cheese (MK), Beans or Tuna Mayo (E, F)

PUD



Sprinkle Sponge Cake & Custard (E, MK, SO*, G/W)

Fruit Jelly

Lemon Drizzle Cake (E, MK, SO*, SU, G/W)

Chocolate Cake with Vanilla Sauce (E, MK, SO*, G/W)

Vanilla & Raisin Shortbread Biscuit (G/W)

S



Daily Salad Bar| Homemade Bread| Fresh Fruit

DATES

19 JAN / 9 FEB /
9 MAR

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG