

Ridgeway Primary School Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	Barbeque Chicken with Rice Succulent chicken seasoned with a BBQ dressing	Roast Turkey with Roast Potatoes and Gravy Moist roast turkey with fluffy roasties and tasty gravy	Beef Burger and Wedges Tasty succulent Beefburger served with Wedges	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish	Burrito (V) A soft wrap filled with lightly spiced veggies and rice	Baked Macaroni (V) Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Roast Quorn with Roast Potatoes and Gravy Succulent oven baked Roasted Quorn with fluffy roasties and tasty gravy	Hotdog with Potato Wedges (V) Our favourite veggie hotdog served with ketchup in a soft sub roll	Quorn Nuggets and Chips (V) Crispy Quorn nuggets with their fave sauce – ketchup
Jacket Potato	Jacket Potato With A Choice Of Fillings (Baked Beans, Tuna and Cheese) Jacket Potato with Salmon Mayonnaise (Tuesday only)				
Sandwich Option	Ham, Cheese or Tuna Mayonnaise Sandwich made with either White or Brown Bread (Baguette option for year groups 5 & 6 only)				
Vegetables	Coleslaw Sweetcorn	Broccoli Medley	Carrots Cabbage	Broccoli Sweetcorn	Baked Beans Peas
Desserts	Peach Crumble	Lemon Drizzle cake	Ice Cream	Chocolate Crunch	Strawberry Swirl Sponge

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian



Ridgeway Primary School Menu - Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza ** <i>with Dough Balls (V)</i> Cheesy Tomato Topped Pizza Slice	Chicken Tikka Masala <i>with Rice **</i> Succulent chicken in a mild curry sauce	Roast Gammon with Roast Potatoes and Gravy Succulent Gammon with fluffy roasties and tasty gravy	Lasagne with a Garlic & Herb Bread Wedge ** A classic Italian layered pasta dish with beef mince	Southern Fried Chicken Tasters Lightly seasoned crispy chicken strips and scrummy chips
Alternative Dish	Quorn Bolognese ** (V) Penne pasta in a yummy tomato and Quorn sauce	Cauliflower Cheese Yummy oven baked Cauliflower Cheese	Roast Quorn with Roast Potatoes and Gravy Succulent oven baked Roasted Quorn with fluffy roasties and tasty gravy	Beany Macaroni A lightly spiced Beany macaroni	Soft Taco and Chips (V) A soft taco shell filled with a yummy veggie tomato chilli
Jacket Potato	Jacket Potato With A Choice Of Fillings (Baked Beans, Tuna and Cheese)				
Sandwich Option	Ham, Cheese or Tuna Mayonnaise Sandwich made with either White or Brown Bread (Baguette option for year groups 5 & 6 only)				
Vegetables	Sweetcorn Broccoli and Cauliflower Medley	Broccoli Peas	Cabbage Carrots	Sweetcorn Broccoli	Peas Baked Beans
Desserts	Mango Frozen Yogurt	Vanilla Sponge	Strawberry Ice Cream	Chocolate Cake	Oatie Biscuit with Fruit Slices *

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian



Ridgeway Primary School Menu - Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Chinese Veggie Noodles (V) Fragrant egg noodles with stir fried vegetables	Sausage and Mash with Gravy Traditional Pork Sausage and Mash with rich Gravy	Roast Chicken with Roast Potatoes and Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Pasta Bolognese ** A classic Italian beef Bolognese in a yummy tomato sauce	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	Sausage (V) and Mash with Gravy Vegetarian Sausage with rich gravy	Roast Quorn with Roast Potatoes and Gravy Succulent oven baked Roasted Quorn with fluffy roasties and tasty gravy	Mild Chickpea & Potato Curry with a Rice side **(V) A tasty chick pea and potato masala	Vegetable Pastry Pie and chips
Jacket Potato	Jacket Potato With A Choice Of Fillings (Baked Beans, Tuna and Cheese)				
Sandwich Option	Ham, Cheese or Tuna Mayonnaise Sandwich made with either White or Brown Bread (Baguette option for year groups 5 & 6 only)				
Vegetables	Sweetcorn Broccoli	Peas Carrots	Carrots Cabbage	Broccoli & Cauliflower Medley	Baked Beans Peas
Desserts	Pineapple and Peach crumble	Peach Shortbread Pudding * with Custard	*Strawberry Frozen Yogurt	Chocolate Apricot Brownie	Carrot Cake

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian

